


Heura <sup>®</sup>	Fish Fillet 1ud x 800g Frozen		2022/11/22
<b>Datos del Proveedor</b>			
Nombre Empresa	Foods for Tomorrow, S.L.		
CIF	ESB66953837		
Registro Sanitario	ES 21.031768/B		
Dirección Fiscal	Passatge Gaiola, 13 - 08013, Barcelona (ES)		
Contacto	calidad@heurafoods.com		
Página Web	http://www.heurafoods.com		
<b>General Information</b>			
Product Code	100202		
Name of the product	<b>[100202] Fish Fillet 1ud x 800g Frozen</b>		
Legal Denomination	<b>Soy protein plant-based battered fish style fillet with extra virgin olive oil 2.6%. Quick-frozen</b>		
Country	EN/ESP/PT/FR/DE/NL/IT/CN		
Date last version	2022-31-08		
Product Type	Quick-frozen (-18°C)		
Ingredients	Water, SOY* protein concentrate (11%), rapeseed oil (9%), rice flakes, flavouring, extra virgin olive oil (2.6%), flours (rice, maize, chickpea), oil from the microalgae Schizochytrium sp., vegetable fibre, maize starch, stabiliser (methylcellulose), salt, dextrose, vitamins (B2, B3, B5, B6, B12, D) and minerals (sodium selenite, potassium iodide). *Our soy is non-GMO and comes from crops that do not encourage deforestation. May contain traces of GLUTEN.		
Storage conditions - Transport, storage	A -18°C +/- 3°C		
Storage conditions - shelf life	Keep frozen at -18°C. Once defrosted, do not refreeze, keep refrigerated at 0°C to 4°C and consume within 24 hours. Do not consume raw. Cook before consumption.		
Nutritional claims	Source of Omega 3 / Low in saturated fat / High in protein / Source of vitamin D, Iodine and Selenium* / Fish-friendly/ Nutriscore A / Source of fibre (not included on pack)		
Box format	1ud x 800g		
Net weight per unit (g)	800		
Net weight - piece	80 g		
Dimensions per piece: Length (mm)	130		
Dimensions per piece: Width (mm)	70		
Dimensions per piece: Height (mm)	15		
Dimensions per piece: Diameter (mm)	NA		
Shelf life: Frozen (-18°C) (months)	15		
Shelf life: Chilled (days)	NA		
Best Before Once opened (days)	-		
Productive Process	Hidration, formation, IQF and packaging breaded, pre-fried, baked, IQF and packaging		
Developed by / Made in	Foods for Tomorrow / UE		
Tariff number	2106.10.20.90		
<b>Nutritional information</b>			
	<b>Average values per 100g</b>	<b>%RI</b>	
Energy (kcal)	167.0	8.0 %	
Energy (kJ)	697.0	8.0 %	
Fat (g)	7.9	11.0 %	
of which saturates (g)	1.6	8.0 %	
Carbohydrates (g)	7.0	3.0 %	
of which sugars (g)	0.8	<1 %	
Fibre (g)	5.1	-	
Protein (g)	15.0	30.0 %	
Salt (g)	0.94	15.0 %	
Iron (mg)	-	-	
Vitamin B12 (µg)	2.3	92 % VRN	
Nutritional comments :	RI: Reference Intake of an average adult (8400kJ / 2000 kcal) NRVs: Nutrient Reference Values		
<b>Allergen list</b>			
	<b>Contain</b>	<b>May contain</b>	
Cereals containing gluten	Yes	Yes	
Eggs and products thereof	No	No	
Crustaceans and products thereof	No	No	
Fish and products thereof	No	No	
Peanuts and products thereof	No	No	
Soybeans and products thereof	Yes	Yes	
Milk and products thereof (including lactose)	No	No	
Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, and products thereof	No	No	

Celery and products thereof	No	No
Mustard and products thereof	No	No
Sesame seeds and products thereof	No	No
Sulphur dioxide and sulphites	No	No
Lupin and products thereof	No	No
Molluscs and products thereof	No	No

#### Organoleptic characteristics

Appearance	Homestyle battered fillet with an irregular shape and slightly flaky inside
Colour	Golden batter with white inside
Aroma	Intense white fish smell
Taste	Mild fish taste with toasted notes coming from the batter
Texture	Tender first bite with a juicy and slightly flaky texture

#### Microbiological limits

	Limit
Enterobacteriaceae (cfu/g)	<10000
E.coli (cfu/g)	<100
Yeasts (cfu/g)	<1000
Moulds (cfu/g)	<1000
Listeria monocytogenes (cfu/g)	<100
Salmonella (cfu/g)	No detected in 25g

#### Preparation

To enjoy the most of this delicious product, it is recommended:  
Oven: preheat the oven at 200°C. Put the frozen product in a baking sheet and bake for 15 minutes flipping it midway through.  
Pan: heat a spoonful of olive oil at medium-low heat and then put the frozen product in the pan and cook between 6-7 minutes, flipping midway

#### Declarations

Our soy is Identity Preserved (IP) based on the HACCP and Diligence values  
The ingredients are NON-GMO following the recommendation MO1829/2003/EC and 1830/2003 EC

#### Packaging

Presentation Cardboard case with polymer food grade bag inside

#### Suitable for...

Vegans	Suitable
Vegetarians	Suitable
Coeliacs	No suitable

#### Logistic information

##### Information of the unit

EAN 13 unit	8437017044901
Net weight per unit (g)	800
Gross weight per unit (g)	916
Dimensions length (cm)	23
Dimensions width (cm)	18.2
Dimensions height (cm)	9

##### Information of the box

EAN 14 box	18437017044908
Units inside the box	0
Net weight per box (g)	800.0
Gross weight per box (g)	916
Dimensions length (cm)	23.6
Dimensions width (cm)	18.8
Dimensions height (cm)	9.6

##### Information of the pallet

EAN 14 pallet	28437017044905
Boxes per pallet (units)	378
Boxes per layer (units)	21
Layers per pallet (units)	18
Net weight pallet (kg)	302.4
Gross weight pallet (kg)	361.248
Dimensions length (cm)	120
Dimensions width (cm)	80
Dimensions height pallet (cm)	14
Dimensions height with pallet (cm)	186.79999999999998
Type of the pallet	EUR pallet (120x80x14cm)

Foods for Tomorrow, SL. Pstg. de Gaiolà 13, 08013 Barcelona, España.

Este documento se genera automáticamente, válido sin firma y sustituye a versiones anteriores.

Aprobado por Dpto. de Calidad; tel. 609 810 189, email calidad@heurafoods.com;